

**TAHOE TRAMPERS
IN CASE OF MEDICAL EMERGENCY INFORMATION
TO BE CARRIED IN EACH TRAMPERS' BACKPACK**

Name:

Physical address:

Telephone numbers:

In case of emergency, notify:

Name and relationship:

Physical address:

Telephone numbers:

Primary physician:

Address:

Telephone numbers:

Pertinent medical history (things an EMT needs to know):

Date of birth:

Allergies:

Asthma:

Blood type:

Diabetes:

Heart condition:

Tetanus shot (date of last shot – due every ten years)

Other:

Medications:

Note: Each Trumper is responsible for carrying his or her necessary medical supplies including Epi-Pen, Benadryl, Inhalers, Insulin, Glucose, Nitroglycerin, etc.